

TIPS FOR THE PERFECT WAX

BEFORE WAXING

1. Take 2-4 ibuprofen 30-60 minutes prior to service to help dull pain.
2. Allow 7-10 days of hair growth before your waxing service.
3. Limit your caffeine intake on the day of your wax service.
4. Schedule an appointment within the first 2 weeks after you have ended your cycle.
5. The day of the service, do not apply self tanner, moisturize or exfoliate. Limit sun exposure.
6. You can purchase a topical numbing cream and apply it 35-45 minutes prior to the service.
7. It is not recommended to wax a new area before a special occasion.

AFTER WAXING

1. Do not touch freshly-waxed skin for 24 hour. Hands carry bacteria, and can cause little white bumps.
2. Do not expose skin to sun or tanning bed for 24 hours.
3. No hot showers or strenuous exercise for 4 hour.